

ACNEM EDUCATION

POST GRADUATE TRAINING IN NUTRITIONAL AND ENVIRONMENTAL MEDICINE (NEM)

Developed for doctors and health care practitioners

- Certification in NEM - Part 1
- Certification in NEM - Part 2
- Fellowship in NEM

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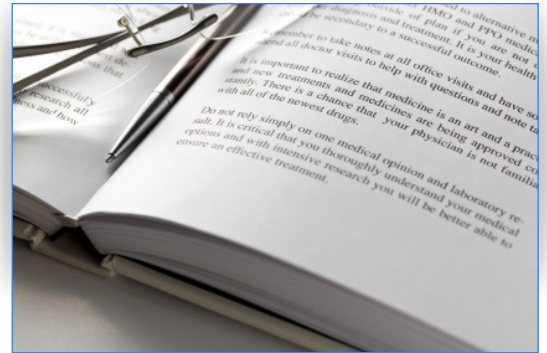


ACNEM EDUCATION

Certification in NEM – Part 1

The Certification in NEM – Part 1 is the starting point and foundation of ACNEM's Education, providing the basis of post-graduate nutritional and environmental medicine. The Certification in NEM - Part 1 requires completion of four modules; Primary Modules 1&2 are compulsory and the additional two modules can be selected from the list of available modules.

You will learn the latest biomedical science and research as well as practical tools for implementation in clinical practice. The Primary Modules include topics such as gastrointestinal conditions, nutritional biochemistry, allergy, mental health, women's health, metabolic health, children's health and environmental health.



Certification in NEM – Part 2

Certification in NEM – Part 2 is designed to provide you with an in-depth knowledge of nutritional and environmental medicine. It is comprised of the Certification in NEM –Part 1 plus an additional four modules. The Certification in NEM – Part 2 will provide you with the knowledge and experience required to confidently incorporate nutritional and environmental medicine into your clinical practice and will broaden and build on your existing understanding of NEM.

Fellowship in NEM

The ACNEM Fellowship is the highest level of ACNEM Education and is only available to practising doctors and dentists. The Fellowship is comprised of the Certification in NEM – Part 2 plus an additional four modules. The ACNEM Fellowship is aimed to equip you with the knowledge and experience required to expertly practise in nutritional and environmental medicine.

Additional requirements for ACNEM Education

In addition to the completion of learning modules, all three levels require students to submit a practice log, acquire NEM credit points and to complete assessment for each module.

- **Logged Hours**

Candidates are required to keep a Practice Log as a record of their application of NEM in daily practice. This is a log of the minutes spent with patients applying the principles of NEM.

- **NEM Credit points**

NEM Credit points are a measure of reinforcing education and must be earned in addition to the required formal lecture content. Points can be gained from attendance at NEM events, authoring and research, lecturing and mentoring. A self maintained log with supporting evidence will be required.

- **Assessment**

Assessment is required for each module. This will involve an online quiz composed of multiple choice and short answer questions, plus the submission of a 1500-word case history, written to publication standard, for each level of Education.

Eligibility

Eligibility for enrolment in ACNEM Education mirrors eligibility for membership of ACNEM, details of which can be found on the website at www.acnem.org. Healthcare practitioners eligible for Ordinary or Associate membership are eligible to enrol in the Certification in NEM Part 1 and Part 2. The Fellowship in NEM is available to doctors and dentists.

Recognition of Prior Learning (RPL)

Any ACNEM training you have completed in the 3 years prior to enrolment will be eligible to be considered for RPL. In order to be awarded RPL for these modules, assessment may need to be completed retrospectively.

Learning modules

Each module represents approximately 15 hours of lectures. Each module also has requirements such as pre-reading, pre-disposing and reflective activities, and assessment tasks. Learning modules are available online but are also regularly presented face-to-face (see an up to date training calendar at www.acnem.org).

ACNEM modules:

- Primary Module in NEM 1
- Primary Module in NEM 2
- Gastrointestinal Conditions
- Thyroid & Adrenal Conditions
- Epigenetics & Nutrigenomics
- Children's Health
- Women's Health
- Environmental Health
- Metabolic Conditions, Diabetes & Cardiovascular Disease
- Mental Health
- Allergy, Autoimmune & Dermatological Conditions
- Cancer
- A to Z of NEM (face-to-face only)

ONLINE LEARNING

The benefits of online learning include:

- Modular pay as you go approach
- Flexibility to study at your own pace
- Dedicated online learning coordinator

When you register for enrolment in an online course, you will be provided with a login name and password so that you can access the online lectures and learning materials. Online access time is three months per module.

Assessment tasks have been built into the online learning interface to allow you to complete the NEM education online.

You can participate in forums with lecturers and other students as you learn.



ACNEM CERTIFICATION in NEM & FELLOWSHIP IN NEM – OVERVIEW

Eligibility and timeframe	Certification in NEM Part 1	Certification in NEM Part 2	Fellowship in NEM FACNEM
Prerequisites	Practising healthcare practitioner, eligible for Ordinary or Associate membership with ACNEM, or by application for special entry, e.g. health researcher, health scientist.		Practising doctor or dentist, current Ordinary Member of ACNEM
Minimum and ideal completion timeframes	Min: 6 months Ideal: 1 year	Min: 1 year Ideal: 2 years	Min: 18 months Ideal: 3 years

Content and nominal hours

Formal content (ACNEM courses and online modules). This content is assessed.	Primary Modules + two elective modules (60 hours)	Cert in NEM - Part 1 + four elective modules (120 hours total)	Cert in NEM - Part 1 & 2 + four elective modules (180 hours total)
Recognition of Prior Learning (RPL) and currency of formal content	ACNEM courses completed in the 3 years prior to enrolment may be recognised for RPL but repeat or assessment may be required. We aim to update formal content on a 3 year cycle.		
Clinical content (Logged hours of clinical practice of NEM)	120 hours	240 hours (includes Part 1)	360 hours (includes Part 1 & 2)
Reinforcing content (NEM credit points)	90 credit points	180 credit points (includes Part 1)	270 credit points (includes Part 1 & 2)
Nominal student hours for personal study, required reading, completing assignments, case studies, exams and online participation and assessment tasks	270 hours	540 hours	810 hours

Assessment

Assessment for each level includes: (each 1500 word case history written to publication standard also earns 30 NEM credit points)	<ul style="list-style-type: none"> Multiple choice and short answer online quiz for each module One 1500-word case history 	<ul style="list-style-type: none"> Multiple choice and short answer online quiz for each module Two 1500-word case histories (includes Part 1 case history) 	<ul style="list-style-type: none"> Multiple choice and short answer online quiz for each module Three 1500-word case histories (includes Part 1 & 2 case histories) Extended viva voce exam
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Fees and indicative costs

Enrolment and administration fee	\$990 per semester (or 6 month period from commencement of enrolment) paid in advance and non-refundable after first access (\$880 per semester for members).		
Indicative cost of completing all required formal content (ACNEM courses) before membership and early bird discounts	\$3,520 (e.g. Primary Modules 1&2 + 2 modules online)	\$7,040	\$10,560

Maintenance of qualification/membership

Candidates are required to remain in good standing with the College, in the relevant medical and/or healthcare communities, and with the appropriate professional registration bodies.

NB. All prices are in Australian dollars and inclusive of GST