

# 2016 Education & Training Program

AUSTRALASIAN COLLEGE OF NUTRITIONAL & ENVIRONMENTAL MEDICINE INC.

*ACNEM's mission is to establish Nutritional and Environmental Medicine as central to medical practice.*

## PERTH August 2016



### Primary Modules in NEM

20 - 21 August

Foundation postgraduate training in Nutritional and Environmental Medicine  
*2 days face to face + 2 days online + required activities*

### Gastrointestinal Conditions

20 - 21 August

A practical evidence-based NEM approach to gastrointestinal conditions, including reflux, bloating, abdominal cramps, diarrhoea, constipation, irritable bowel syndrome, Crohn's, Coeliac and inflammatory bowel disease, colitis, pre and probiotics, FODMAPS, intestinal permeability, bacterial overgrowth, parasites and more.  
*2 days face-to-face + required activities*

## MELBOURNE November 2016



### Primary Modules in NEM

24 - 27 November

Foundation postgraduate training in Nutritional and Environmental Medicine  
*4 days face to face + required activities*

### Women's Health

24 - 25 November

This two-day, face-to-face training will provide a comprehensive guide to women's health from a Nutritional and Environmental Medicine (NEM) perspective. The topics covered include an overview of the endocrine system and hormonal balance, environmental influences on women's health, infertility, PMS and gynaecological conditions, perimenopause and menopause plus Q & A and panel discussion. You will discover how to identify possible nutritional deficiencies common in women's health conditions, understand functional tests, and gain confidence in developing effective and safe nutritional treatments.  
*2 days face-to-face + required activities*

### A-Z of NEM

26 - 27 November

This workshop will deepen your understanding of NEM, hone your case-taking skills, help you to identify relevant signs and symptoms of nutrient deficiencies, build on your treatment options and your confidence for improved patient outcomes.  
*2 days face-to-face*

The Primary Modules in NEM 1 & 2 are delivered face-to-face over four days in November each year.

We also offer a hybrid two day face-to-face version; Primary Module 1 is presented at the venue and Primary Module 2 is completed online.

Concurrently, advanced modules are available face-to-face in their two day entirety.